



# CHRIST CHURCH GABRIOLA



SUNDAY, JULY 22, 2018  
NINTH SUNDAY AFTER PENTECOST

*Communion Services are held on the First and Third Sunday of the month.*



## Karen's drop-in office hours

**Tuesday 11.00am -1:00pm & Wednesday 1:00pm- 3:0pm.**

If these times don't work for you, please phone the church 250-247- 8633, or email her [revkarenhollis@gmail.com](mailto:revkarenhollis@gmail.com) to make an appointment.



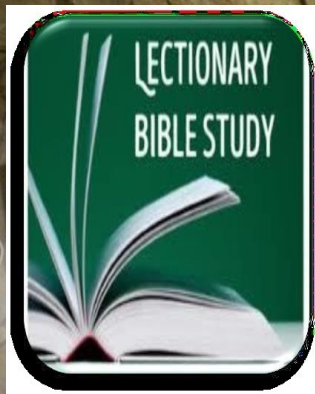
Check out our NEW Facebook page and become a member.

<https://www.facebook.com/groups/443844412742289/>

Christ Church Gabriola website- [www.christchurchgabriola.ca](http://www.christchurchgabriola.ca)

**Sunday, July 22<sup>nd</sup>**  
**Celebrant: Rev. Linda St. Clair**





## Lectionary Bible Study Tuesday Mornings!

Please join us on Tuesdays at 10am for a conversation on the lectionary texts for the coming Sunday. All are welcome! Those are lectors and leading prayers that week may find attending particularly helpful for their preparation. So, come and gather for study, prayer and a time of sharing



The diocese commissioned artist, **Frank Nelson** to create a piece of art reflective of the diocese. Each church in the diocese is receiving a copy of this limited print as another step in our year of reconciliation with both First Nations and ourselves.

Of the print, Frank Nelson wrote:

*“Within all First Nations cultures we have been provided with gifts from the Creator. The houses of killer whale, raven, wolf and eagle dictate our discipline in life and the demands that the Creator makes of us to maintain integrity, respect, honour and humility. We are not to place ourselves over and above anybody; we are all the same—children of God.”*

The design in the shape of a house front, depicting four clans of the North Coast people, is symbolic of all creation, suffused with the life of God. The house is the house of Christ, made up of all and diverse people of God—a strong house serving our chief, the Christ. The door of the house is surmounted by the double headed seaserpent to remind us of our choice to walk in the way of Christ or to go in another detrimental way. We can love; we can hate. We can destroy, and we can recreate. It parallels the biblical teaching of love and harmony with God and with each other.

**For more information, please see ‘Limited Edition Print Frank Nelson’ attached to the announcements.**





## **Anglican Church honours Nanaimo senior, 100, who reformed role of women**

*'Women had no voice. That was a problem for me right from the very start,' says Blanche Gates*

CBC News · Posted: Jul 19, 2018 7:00 AM PT | Last Updated: July 19

Blanche Gates says her award indicates how times have changed for women in the Anglican Church.(anglican.ca)



A 100-year-old Nanaimo, B.C., woman says her national award from the Anglican Church of Canada isn't about her work with prayer books but, instead, is about the changing role of women in the church.

Blanche Gates, a parishioner of St. Paul's Anglican Church, received the Companion of the Worship Arts award in Victoria this week, the church said in a statement.

It credits her for helping to modernize the language of some church texts and leading a provincial women's group.

"Her contributions to worship and liturgy at the national level

continue to influence the way Anglicans across the country interpret and practise their faith," the statement read.

Gates, in an interview with *On The Island* host Gregor Craigie, said she's most pleased to be recognized as an advocate for women in her faith.

When she joined the church as a young woman, she explained, women were largely sidelined.

"They were there to do the dishes for dinners and lunches, make socks for the children and things, do the cleaning and that kind of thing," Gates said.

"They had no voice. That was a problem for me right from the very start. I felt women should be able to say something."

'The door is open'

Gates said she gradually worked her way up various organizations within the church during the 1970s and '80s, eventually up to the national level.

There, she worked to revise the language of the Book of Alternative Services, which the church describes as "the primary worship text for Sunday services and other major liturgical celebrations."

"It was giving an opportunity for women coming into the church ... to speak in the language of the day," she said. "That's not in the old book. It's, 'thee,' 'thy,' those words that we don't use anymore."

Ultimately, Gates believes her work — alongside other women reformers — has made a lasting impact on the church.

Women, she says, have a voice. They can speak on issues. And she has high hopes greater equality for women will only help the church.

"The door is open and it won't shut anymore," she said.



If you, or someone you know, requires emergency pastoral care please **phone the church office** ph # 250-247-8633 for further contact information. The Pastoral Care Team will continue to provide regular pastoral care for members of the congregation. Email: [christchurchgabriola@gmail.com](mailto:christchurchgabriola@gmail.com)

## PRAYER WHEEL



To request prayers for someone OR to become a member of the prayer wheel and pray for others as requested, please contact Susan Brockley: or phone **the church office** ph # 250-247-8633 Email: [christchurchgabriola@gmail.com](mailto:christchurchgabriola@gmail.com)



CHURCHES IN THE UK  
PROVIDE HALF  
THE TODDLER  
AND PARENT GROUPS,  
THE BIGGEST NETWORK  
OF DEBT COUNSELLORS  
& WILL FEED 100,000  
HUNGRY PEOPLE THIS YEAR.

## EXERCISE FOR PEOPLE OVER 60

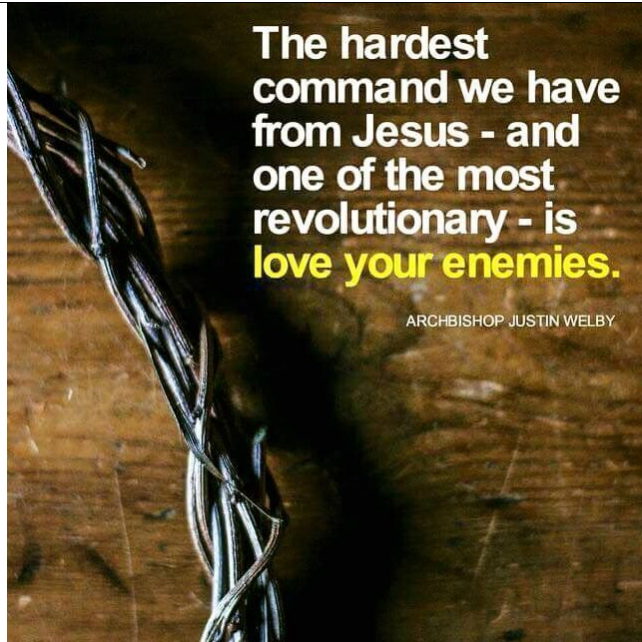
Begin by standing on a comfortable surface, where you have plenty of room at each side.

With a 5-lb potato bag in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax.

Each day you'll find that you can hold this position for just a bit longer.

After a couple of weeks, move up to 10-lb potato bags. Then try 50-lb potato bags and eventually try to get to where you can lift a 100-lb potato bag in each hand and hold your arms straight for more than a full minute. (I'm at this level).

After you feel confident at that level, put a potato in each bag.



The hardest  
command we have  
from Jesus - and  
one of the most  
revolutionary - is  
**love your enemies.**

ARCHBISHOP JUSTIN WELBY



***All Are Welcome to Worship  
Together at Christ Church Gabriola***

**A Collaborative Anglican – United  
Church**

**Open to All**

*We gather on the ancestral lands the Snuneymuxw people.*

We welcome you, whoever and wherever you are, to join us on a journey. We strive to accept each other as we are and welcome the ministry and participation of all persons regardless of age, gender identity, health, race, sexual orientation, differing abilities, religious or ethnic background or economic circumstance.

We hope that in all that we do, in our worship and community life, that the Creator's unconditional love is experienced.

We do this trusting The Creator is with us on the journey.

*Minister: Rev. Karen Hollis*

*Musician: Marilyn Smith*

*Office: 2600 South Rd. Gabriola BC V0R 1X7 250-247-8633*

*Email: [christchurchgabriola@gmail.com](mailto:christchurchgabriola@gmail.com)*

*Website: [www.christchurchgabriola.ca](http://www.christchurchgabriola.ca)*

*Office Administrator: [lisamillard@shaw.ca](mailto:lisamillard@shaw.ca)*

*Communications: [hplowright@shaw.ca](mailto:hplowright@shaw.ca)*

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Humour

**I NEED TO GET MY LIFE TOGETHER. THIS WEATHER MADE ME REALIZE THAT I CAN'T GO TO HELL.**





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