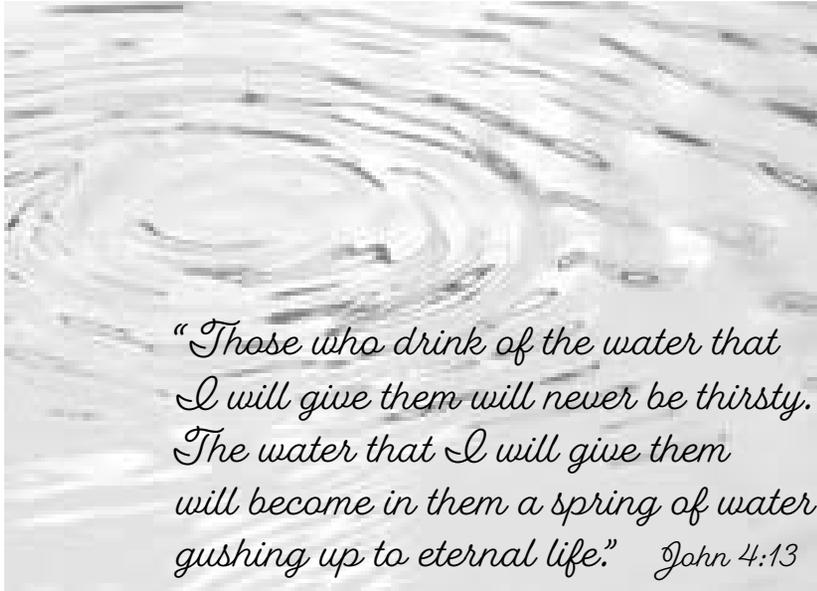


Christ Church Gabriola

A Collaborative Anglican – United Church
Open to All



HYBRID WORSHIP
Third Sunday in Lent
8 March 2026

Minister: Mona Smart
Music: Ian Cox

*We acknowledge that these lands upon which we worship
are the traditional, ancestral, and unceded territory
of the Snuneymuxw First Nation.
Whoever you are and wherever you are on life's journey,
you are welcome here!*

Words for Worship

Words of response are in bold & italics

Prelude

Gathering

As we gather to worship on this third of Sunday of Lent, we take up the season's invitation to fully open our hearts to the Word and love of God.

To fully enter into the Lenten journey is to become aware of what separates us from the Holy to whom we belong, that we may be drawn into the very heart of all that is Holy.

Gracious God,

***you provide us with living water in abundance for all to share.
Nourish us with this abundance, so that we may be streams of
living water to those who thirst for you; through Jesus Christ.***

Call to Worship

Alternative Collects, Anglican Church of Canada

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

And also with you.

Lord of the wellspring,

source of life and truth,

give us the courage of the Samaritan woman,

***so that we may receive living water, and worship you in spirit
and in truth; through Jesus Christ who quenches our thirst with
eternal life. Amen.***

Lighting of Candle

United Church Gatherings Resource

We light the Christ Candle fully aware of our vulnerability and need.

The light of Christ's love breaks in to fill our lives with love.

Come, light of Christ, come into our lives, make us one in heart and mind.

(candle is lit)

Acknowledgement of the Land

***We prayerfully acknowledge with thanksgiving that we gather
on the unceded territories of the Snuneymuxw people.
Gracious God, help us to seek a new relationship with the first
peoples here, one based in honour and respect. Amen.***

Opening Hymn: We Are One

¹We are one as we come,
as we come, joyful to be here,
in the praise on our lips
there's a sense that God is near.
We are one as we sing,
as we seek, we are found;
and we come needful of God's grace
as we meet, together in this place.

²We are one as we share,
as we share brokenness and fear,
in the touch of a hand
there's a sense that God is here.
We are one as we care,
as we heal, we are healed;
and we share warmth in God's embrace
as we pray together in this place.

³We are one as we feast,
as we feast, peace becomes the sign;
in the bread and the wine
there's a sense of love divine.
We are one as we come,
as we feed, we are fed;
and we feel God's refreshing grace
as we meet at table in this place.

⁴We are one as we hear,
as we hear, heart and hand unite;
in the word we receive
there's a sense that God is light.
We are one as we leave,
as we love, we are loved;
and we seek justice in God's ways
as we move together from this place.

Prayer of Forgiveness

adapted from Anglican and United Church sources

Holy God,
***In your compassion, forgive us our doubts and our errors,
forgive us of things done and left undone. Uphold us by your
Spirit that we may live and serve you newness of life, to the
honour and glory of your name.
Amen.***

VU #402

Prayer for Illumination and Grace

adapted from Anglican Church liturgy

Gracious God,
You know our needs before we ask, and our ignorance in asking.
***With you we are forgiven and strengthened in all goodness, that
we may delight in your will and walk in your ways. Amen***

Peace of Christ

May the peace of Christ be with you.

And also with you.

Let us share the peace of Christ with one another.

Prayer Before the Reading of Scripture *adapted from Episcopal Church sources*

We open ourselves to receive the Word of God.

Scripture: Exodus 17:1-7 (NRSV)

Reader: Angela Nutter

Water from the Rock

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water, and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do for this people? They are almost ready to stone me." The LORD said to Moses, "Go on ahead of the people and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

This is the Word of God

Thanks be to God.

Gospel Reading: John 4:1-29 (NRSV)

Reader: Angela Nutter

As is your custom, please stand or sit for the reading of the gospel.

God be with you.

And also with you.

The Good News of Jesus the Christ according to John.

Glory to you, Christ Jesus.

Jesus and the Woman of Samaria

Now when Jesus learned that the Pharisees had heard, “Jesus is making and baptizing more disciples than John” (although it was not Jesus himself but his disciples who baptized), he left Judea and started back to Galilee. But he had to go through Samaria. So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, “Give me a drink.” (His disciples had gone to the city to buy food.) The Samaritan woman said to him, “How is it that you, a Jew, ask a drink of me, a woman of Samaria?” (Jews do not share things in common with Samaritans.) Jesus answered her, “If you knew the gift of God and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” The woman said to him, “Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well and with his sons and his flocks drank from it?” Jesus said to her, “Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.” The woman said to him, “Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.” Jesus said to her, “Go, call your husband, and come back.” The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband,’ for you have had five husbands, and the one you have now is not your husband. What you have said is true!” The woman said to him, “Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem.” Jesus said to her, “Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming and is now here when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.” Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?”

This is the Gospel of Christ.

Thanks be to God

Word: The Woman at the Well

Hymn of Response: Spirit of the Living God

VU #376

¹Spirit of the living God, fall afresh on me.
Spirit of the living God, fall afresh on me.
Melt me, mould me, fill me, use me.
Spirit of the living God, fall afresh on me.

²Spirit of the living God, move among us all;
make us one in heart and mind, make us one in love:
humble, caring, selfless, sharing.
Spirit of the living God, fill our lives with love!

We Affirm Our Faith

Contemporary Anglican Liturgy

Love the Lord your God
***with all your heart,
with all your soul,
with all your mind,
and with all your strength.***
This is the first and greatest commandment.
The second is like it:
Love your neighbour as yourself.
There is no greater commandment than these.

Life & Work of the Church

Prayers of the People

Paddy Waymark

Our journey is towards You...
Hear our prayers.

Offering Prayer*(offering will now be gathered)*

***Praise God the Source of life and birth,
Praise God the Word, who came to earth.
Praise God the Spirit, holy flame.
All Glory, honour to God’s name.***

Holy Communion

Invitation

Here is the table of the Lord.
We joyfully gather at the Lord's table, open to all.

Great Prayer of Thanksgiving

God be with you all.

And also with you.

Lift up your hearts;

We lift them up to God.

Let us give thanks to God!

It is right to give God our thanks and praise!

It is indeed right that we should praise you, Gracious God, for you created all things.

You formed us in your own image:

male and female you created us.

You made a covenant with Israel,

and through your servants Abraham and Sarah

gave the promise to a blessing to all nations.

Through Moses you led your people from bondage to freedom.

Through the prophets you renewed your promise of salvation.

Therefore, we give you thanks.

Holy, Holy, Holy Lord, (sung)

VU #942

God of power and might,

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Holy God, source of life and goodness,
all creation rightly gives you praise.

In the fullness of time, you sent your child Jesus Christ.

He healed the sick and ate and drank with outcasts and sinners; He opened the eyes of the blind and proclaimed the Good News to the poor and to those in need. In all things, he fulfilled your will.

Breaking of the Bread

Loving God,

**as we break bread and share the cup,
we give thanks for the bread and the wine,
fruits of your earth and of our labour.**

**We commit ourselves to your service
and that our lives may proclaim the mystery of faith.**

On the night he was betrayed our Lord Jesus Christ took bread;
And after giving thanks to you, broke it, and gave it to his disciples.
And said, "Take, eat: this is my body which is given to you.
Do this in remembrance of me.

After supper he took the cup of wine;
And after giving thanks, gave it to them, and said,
"Drink this, all of you: this is my blood of the new covenant, which is shed
for you and for all for the forgiveness of sin.
Whenever you drink it, do this in remembrance of me."

Sharing of the Bread and Cup

We offer you, O God, this bread and this wine.

Send your Holy Spirit upon us and upon these gifts,

That all who eat and drink at this table may be one body, one holy people.

(Bread and wine to be served)

Prayer after Communion

Gracious God,

**May our participation in the sacramental gifts transform us that
we may live lives of thanksgiving and be faithful to your will.**

Hymn: May the God of Hope Go with Us

VU #424

¹May the God of hope go with us every day,
filling all our lives with love and joy and peace.
May the God of justice speed us on our way,
bringing light and hope to every land and race.

[Refrain]

Praying, let us work for peace;
singing, share our joy with all;
working for a world that's new,
faithful when we hear Christ's call.

²May the God of healing free the earth from fear,
freeing us for peace, both treasured and pursued.
May the God of love keep our commitment clear
to a world restored, to human life renewed. [Refrain]

Blessing & Sending

May the God of hope fill us with all joy
and guide and comfort us in the disruptions
and turnings of our life,
so that we may abound
in hope by the power of the Holy Spirit.

Postlude
